











CLOCKWISE (from top left): Senior John Shamp works at A.B.C.; Senior Shelley Manges working at A.B.C.; Arloween Harmon, owner of Arlo's Sweet Shoppe; Barbara Baney, of Mid-American Bank's N.B. Branch; Robby Green and Joe Gerdeman read to Blakely resident Marceil Gerdeman; Sara Kissebeth, N.B. News editor.

# Students Strive To Max Out

Thumb through any health or fitness magazine today, and you will find articles dealing with the benefits of a weight training program. Health and fitness is truly in vogue in the 80's.

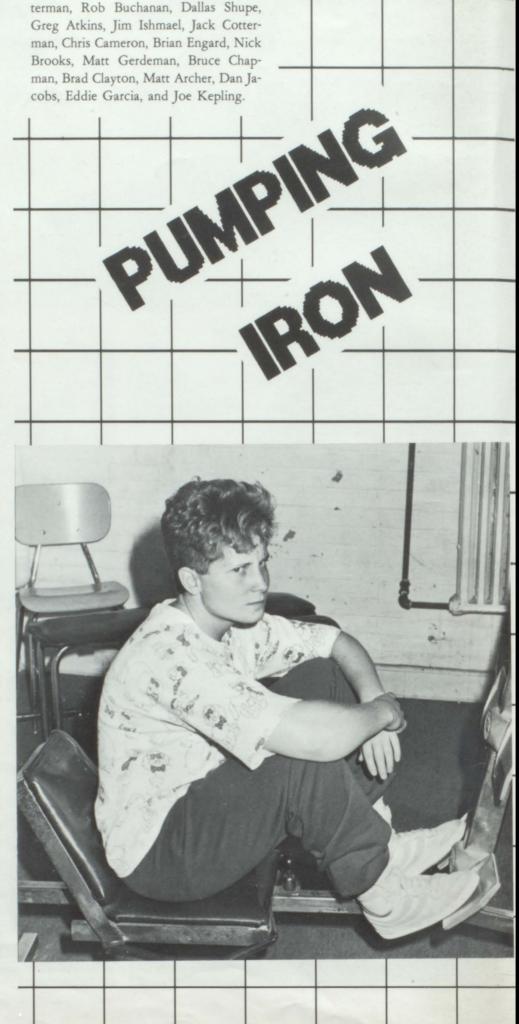
Students at N.B. are well aware of the weight training trend. The weight room in the high school building has become a very popular place on Mondays, Wednesdays, and Fridays as students make good use of the Universal and free weights. Instruction in weight lifting became a part of the curriculum in 1985 when health and physical education instructor Charles Thompson developed a course of study for a weight training class. Thompson also worked out training programs for all athletic teams from football and volleyball in the fall to baseball and track in the spring.

The goal of most dedicated student lifters is to "max out," which means to lift as much weight as you can at one single time. In April senior Michelle Conine, who began lifting to get in shape for volleyball, reached her goal of maxing out at 200 pounds. Is this pretty good for a girl? You bet. According to Mr. Thompson, "When we began the program I had no idea there would be girls lifting that amount of weight."

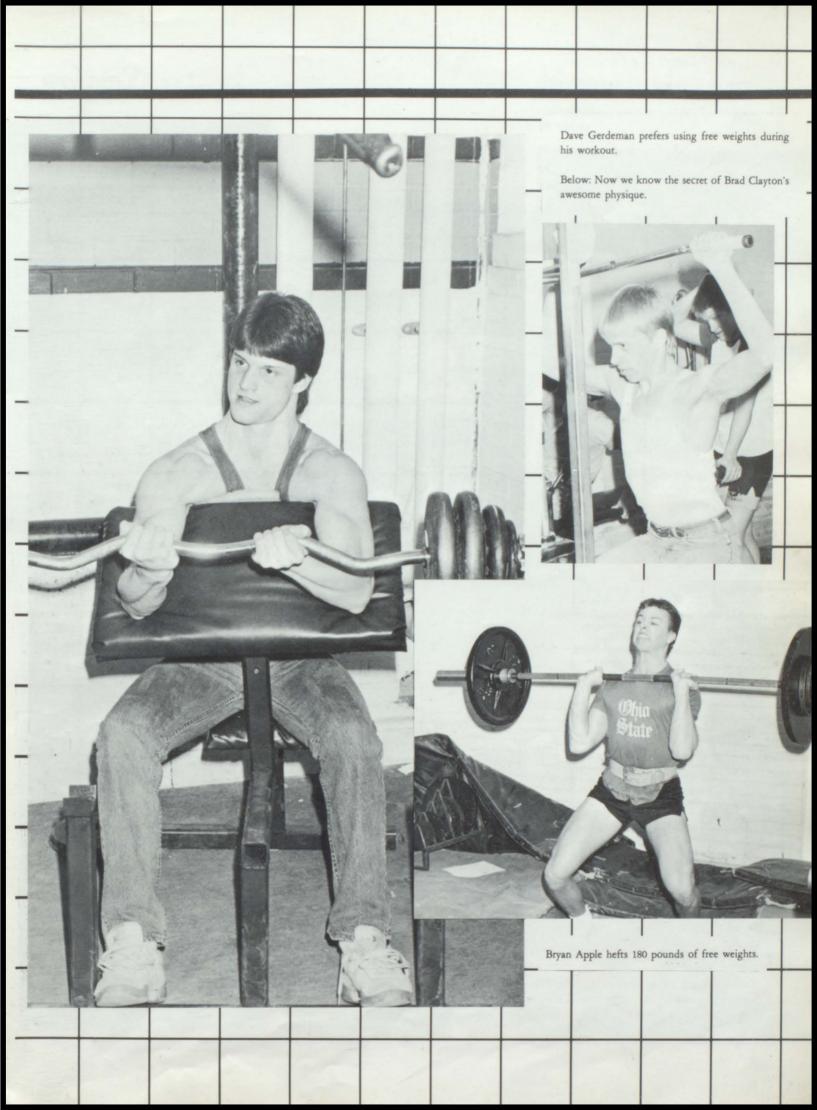
Michelle was not the only female lifter to reach the 200 mark. Christy Kerr and Tina Hillard made it to 200, and senior Ann Rister pushed it all the way to 210.

Although there is no sexism in the weight room, there are more male students involved in the program than females. Cory Mills, as of late April, was top lifter with a whopping 300 pounds. In the 275-pound category were Bob Grilliot, John Vandemark, Bryan Apple, Dave Gerdeman, and Clay McCartney. Maxing out at 250 were Matt Swartz, Joe Stewart, Dave Smith, Bill Dick, Mike Boyer, Yi Doering, and Mike Frost. Lifting 225, Galen Gerig, Mike Landrum, Brad Ducat, Scott Sterling, Ty Carles, Bob Swingle, Mike Patterson, and Chad Rister.

Ann Rister practices her mean look



The following males hit 200: John Cot-

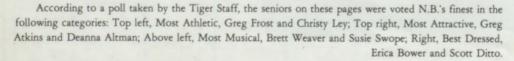


### Senior





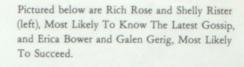






### Superlatives









Wearing dark glasses (below left) are Clint Butler and Ann Rister, Most Trendy; Below, Greg Frost and Shelley Manges, Class Clowns; and Bottom, Susie Swope and Scott Ditto, Most Talkative. (More on page 92).













Top left: Twyla Hunt studies a menu in Food Service. Top Right: Danna Gonyer tries to fix her hair during Cos Lab. Middle Left: Brian Engard flashes his cute smile for the camera. Middle right: Harry Lincoln shows off his machine in AG Mechanics. Bottom Left: Chris Cameron washes off his hands after a sticky situation in Cement Trades. Bottom Right: Todd Boney stands proudly in front of the fire place.













### Penta People

By Susan Zeigler

Penta County Vocational School offers a variety of courses for students in grades eleven and twelve.

During a student's last semester of his senior year, Penta offers a job placement program. This helps the seniors get a head start on the career they choose.

North Baltimore High School had 21 students enrolled at Penta. Juniors included: Mike Boyer, Machine Trades; Chris Cameron, Cement Trades; Sharon Coppler, Banking & Traveling; Sheryl Coppler and Amy Donaldson, Health & Community Services; Danna Gonyer, Cosmetology; Twyla Hunt, Food Services; Harry Lincoln, AG Mechanics; Stacey Gazarek, Auto Mechanics; Kay Walker and Michele Mossbarger, Accounting & Computing; Kathy Phillips, Child Care Aide; and Dawn White, Security & Law Enforcement. Seniors included: Mary Baney, Clerical Specialist; Todd Boney, Cement Trades; Dion Gonyer and Darrel Clark, Small Engine Repair; Nikki Clemmons, Commercial Art; Amy Downs and Amy Stewart, Dental Assistants.



Top Left: Mike Boyer, Danna Gonyer, Michele Mossbarger, and Chris Cameron take a break. Middle Left: Dawn White handcuffs one of her classmates. Middle Right: Sharon Coppler takes a break in Banking & Traveling. Bottom Left: Mike Boyer works on his project in Machine Trades. Above: Amy Downs and Amy Stewart test their skills on a dummy in Dental Class.





#### Band Demands Hours Of Practice

By Mike Landrum

Band is not a regular class, compared to other classes in the high school. Band is active before school starts and long after it's over. During the summer the band has several parades in town, and in other towns, that have to be marched.

During the year the band is both a class and an after-school activity. During the marching season there are mandatory practices and more parades. When people see the band on the field, they don't see the long hours that are put into the half-time shows.

Along with these things, the band also had an exchange concert with a band from Russia, Ohio. Both Bands came to each other's towns and stayed with band members from the other school. Both concerts went very well.



### Second Annual Academic Honors Program Held

The second annual academic honors program was held Tuesday, May 19, in the high school auditorium.

Receiving U.S. Savings Bonds were top seniors Erica Bower and Galen Gerig.

Ten students achieved a 3.5 grade point average or better. They were honored with plaques and academic letters. Students achieving this honor included the following: seniors, Erica Bower, Galen Gerig, Greg Atkins, and Nikki Clemmons; juniors, Beth Williams, Carrie Bauer, Perrin Ferguson, and Melanie Allison; sophomores,

Amy Rader and Hylas Stemen.

Also recognized with certificates and seals were students who made the honor roll at least twice during the 1986-87 school year.

Presenting awards were Leona Benard, community education director, Gregory Hanson, principal and William Bibler, guidance counselor. Instrumental music was provided by Carrie Bauer, Galen Gerig, and Mr. and Mrs. Dick Reamsnyder. Mrs. Evelyn Lee and the F.H.A. served dessert and coffee following the program.





Top: Amy Rader enjoys dessert in the library after the awards program. Above, Brett Weaver strikes that "I'm worth it!" pose. Middle right, Amy Rader, Erica Bower, and Beth Williams take home plaques for their excellent achievements in academics. Bottom right, senior Galen Gerig gets a handshake from Bob Lee, president of the Chamber of Commerce.













Top left: All that hard work and still Greg Atkins looks like a million bucks. Top right: April Shupe and Lori Nungester give Mrs. Lee a helping hand with refreshments. Left: Erin Current celebrates with a slice of cheesecake. Above: Carrie Bauer and Dad chat with Dr. Ralph Wolfe, guest speaker.





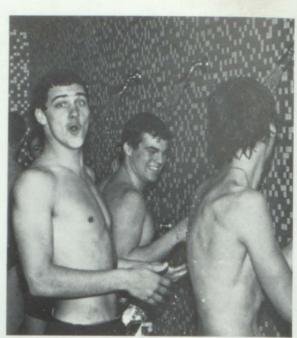






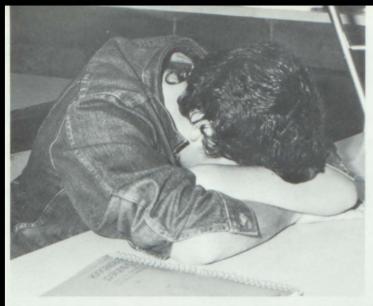


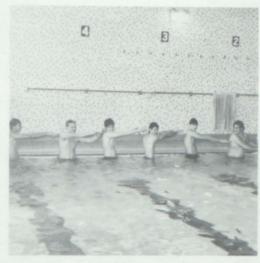


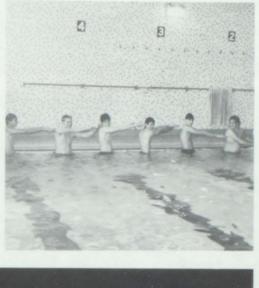






















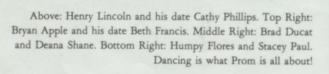


























#### Island Theme Highlights Prom '87

By Bryan Apple

The 1987 Paradise Island prom was held Saturday, May 9, at North Baltimore High School. Approximately 140 people attended.

The dinner was held in the gymnasium. Chicken cordon bleu and prime rib were prepared by Helen Swope with the help of parent volunteers. The dance was held in the cafeteria.

The prom committee converted the cafeteria into a desert island. It took 24 hours to complete the decorations, which included palm trees, a grass hut and a waterfall. Balloons filled the ceiling as if it were night and five and a half miles of green crepe paper lined the walls.

This year's prom committee consisted of Bryan Apple, Amanda Bushey, Sharon Coppler, Sheryl Coppler, Beth Ebersole, Perrin Ferguson, Niki Mills, Mike Patterson, Stacy Paul, Mike Sandman, Robert Swingle, and Beth Williams. Barb Christman was the class advisor.

"Dolly" (Tammy Williams) increased her bust size with the helium balloons. Middle Left: Carrie Bauer poses for photographer.

Bottom Left: Lori Stemen and Niki Mills model their floor length gowns.

Upper Right: Administration and faculty mingle around the grass hut.

Chris Cameron and the prom servers tell each other great jokes.



### Presenting The Class Of 1987

Dark blue and light blue were the chosen colors of the Class of 1987. Commencement exercises were held in the high school gymnasium on Sunday, June 7.

Guest speaker for the 96th North Baltimore Commencement was Duane Bachman, Superintendent of Piqua City Schools. Speakers for the Class were Galen Gerig, Erica Bower, and Nikki Clemmons.

Special recognition was given to the following honor students who represent the top ten percent of their class: Greg Atkins, Erica Bower, Clint Butler, Nikki Clemmons, Galen Gerig, and John Shamp.

Wearing gold tassels as members of the National Honor Society were Erica Bower, Nikki Clemmons, Scott Ditto, Amy Downs, Greg Frost, Galen Gerig, DeAnn Heinze, John Shamp, Julie Tatham, Mike Trout, and Brett Weaver.

Susie Swope and Scott Ditto teamed up for a duet entitled "Somewhere Out There." "Memory" and "Follow Rain and River" were sung by the senior ensemble. Rafe Becker and Fran Weith, faculty, served as accompanists.

Outstanding juniors who participated in the 1987 Baccalaureate and Commencement ceremonies included honor guards Dave Gerdeman and Scott Sterling as well as usherettes Beth Williams, Carrie Bauer, Melanie Allison, Kathy Phillips, Marlo Huff, and Stacey Paul.

Carol Reed and Rafe Becker served as advisors for the graduating class of 1987.









Top right: Erica Bower talks about past experiences at N.B.

Middle right: Galen Gerig shares a glimpse of the future.

Above right: Nikki Clemmons speaks about the present.

Above: Board member Carol Dennis congratulates Lisa Allison.



### Saying Goodbye





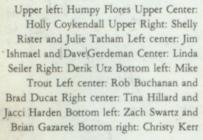




Left: The senior ensemble gets together one last time. Pictured above: the hardest part of all—congratulating each other.

## STUDENT BODY









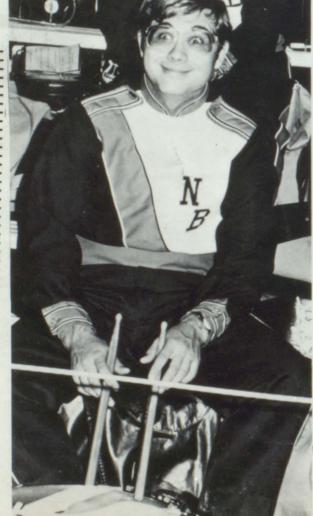




















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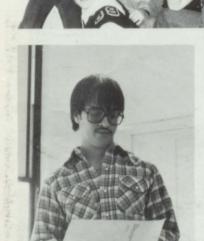








Upper left: Kim Bretz and Kristi Roberts
Upper middle: Chris Cameron
Upper right: Beth Williams
Center right: Amy Donaldson, Lisa Coppler, Missy
Kitch, and Cheryl Coppler
Middle right: Matt Monday and Kenny Carles











LISA ALLISON: Cheerlead- MISSY ARCHER Track, 1,2,3; Class Officer, 1,2,3,4.

DEANNA ALTMAN: Spanish Club, 2; Band, 1,2; Volleyball, 3; Basketball, 1,2,3,4.

1,2,3; Football, 1,2,3,4 Capt. 3,4; Spanish Club, 1,2; Math Club, 2,3,4.

MARY BANEY ing, 1,2,3,4; Volleyball, GREG ATKINS: Baseball, 1; TODD BONEY: Football, 2,3,4; Basketball, 1,2,3,4; Basketball, 2,3,4; Track, 1,2,3,4 Capt. 4; Wrestling, ERICA BOWER: Student CHERI BROGAN 1,2,3,4; Cheerleader, 2,3; Volleyball, 1; Cross Country, 1,2,3; NHS, 3,4; SAE, 3,4; Spirit Club, 4; Spanish Club, 1,2; Math Club, 2,3,4; Homecoming Queen 4.

KEVIN BOWERS: Wrestling, 1,2; Student Council, 1; Art Club, 2,3,4; Spanish Club, 1,2.

Council, 1,3,4; Track, CLINTON BUTLER: Track, 2; Football, 1; Class Pres. 2; Math Club, 2,3; Boys State, 3; Video Club, 1,2; Who's Who, 3,4.



SENIORS: DeAnn, Erica, Marie, and Shelley swimming at the Y.M.C.A. during a merit trip.

